



# HSCL Newsletter

## Hello!

I would like to wish everyone a warm welcome back and a very special welcome to the children and parents of Junior Infants! I hope you all had an enjoyable summer and are now getting used to the “back to school” routine.

Just a reminder of the HSCL role which is to help our students get the most out of education by promoting partnership with parents/guardians. Everybody works together with the best interests of the children in mind. Remember if for any reason you need to talk to me, please feel free to ring, text or email me.

Home visits are an integral part of this role, so don't be surprised or worried if you see me at your doorstep.

We are delighted to offer courses and classes for parents/guardians. These classes will take place in MCS and in venues in the Mountmellick area. We are working closely with Laois Partnership, the MYFRC and LOETB. Numbers will be limited, depending on venue, so if you're interested in any courses, contact me directly on **086 7037082** to reserve your place.

Elaine Boland (HSCL Co-ordinator)

## Classes starting in October! Everyone is welcome to join at any time, just make contact with your HSCL to book a place!

### Air Fryer Cookery

Get tips and ideas on how to create simple air fryer meals. Course starting on **October 10<sup>th</sup>** in Mountmellick Community School!



### Furniture Restoration

Learn how to restore your old pieces of furniture! (Small items only!) Class starting in **Mountmellick Community School on October 7<sup>th</sup>**



### Dancezone with Louise

Get fit and improve your dance moves every **Friday** from 9:30am in the Macra Hall, starting on **October 11<sup>th</sup>**.  
Free of charge.  
All Welcome!



### Conversational English Class

Would you like to improve your English in an easy, friendly way? Let's meet, have a coffee. You can practise and improve your speaking skills!  
Classes start on **Wednesday 2<sup>nd</sup> of October** in St. Joseph's GNS.



#### HSCL CO-ORDINATORS

Elaine Boland  
St. Josephs GNS  
0867037082

Helen Mulhare  
Scoil Phádraig Naofa  
0867022573

Mags McLoughlin  
Mountmellick Community School  
0831380148



# Ongoing Parent activities and courses

## Tots and Teas

Parent and toddler play mornings. Come to the MDA with your baby/toddler to have a cuppa, meet others for a fun and friendly morning of play!



Starting back on

Tuesday 24<sup>th</sup> of September

From 10.00am



## Women's Shed Mountmellick

To all women of Mountmellick and surrounding areas our Women's Shed is kicking off next week with some super activities

- Monday 23rd  
Learn to Crochet 6 Week Course  
7pm - 9pm in the MDA
- Tuesday 24th Sept  
Learn to Crochet 6 Week Course  
10am to 12 noon in the ICA Hall
- Thursday 26th Sept  
Arts and Crafts for 6 weeks  
7.30pm to 9pm in the MDA
- Thursday 26th Sept  
Walking Group  
starting at the MDA at 7pm
- Book Club will be the 3rd Monday of each month in the MDA at 10am to 12 noon our next one is October 31st



FIND US ON FACEBOOK

Weekly contribution of €25 from all members

Members are also welcome to pop along just for a chat and a cuppa

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## Mountmellick Library

Mountmellick Library is open from Tuesday to Friday.

The library lends books, DVDs, CDs, magazines, audiobooks, computer games. The library offers a wide range of services to the community including Internet access, online resources, and more.

The library also hosts a variety of clubs and events.

Follow the library on facebook to find out more information or click on



## Family Fun, Music & Games

Adriana von Runic

In this workshop, we will play improvised, fun and exciting interactive music activities, like sound games and stories with our voices and home instruments (Musical instruments provided).

Laois Libraries:

Tues 22nd Oct at 11.30am, Mountmellick Library

## Mountmellick MYFRC

Mountmellick Youth and Family resource Centre are offering the following courses this Autumn. Contact Sarah for more details 086 8177596.

**START FROM THE HEART PARENTAL SUPPORT GROUP SEPTEMBER 2024**

10 WEEK PROGRAMME (2HRS PER WEEK). OPEN TO ALL PARENTS WHO WANT TO GROW IN CONFIDENCE AND BECOME MORE SELF-AWARE.

Programme Details	September 25th October 2nd, 9th, 16th, 23rd, November 6th, 13th, 20th, 27th December 4th 10:00am - 12:00pm
Location:	MDA Building, Mountmellick, Co. Laois Phone: 086 8177596

**Parenting Courses - Autumn 2024**

Thursday 10th of October 2024  
Sinead Higgins - Bedtime routine 2hrs programme.

Thursday 24th of October 2024  
Sinead Higgins - Handling aggression between sibling's 2hrs 10:00am - 12:00pm

Location: MYFRC, MDA Buildings, Irishtown, Mountmellick, Co. Laois.  
From more information Contact Sarah On: 086 8177596 sarah.bergin.myfrc@gmail.com



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